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| <b>Project/ Session Title</b> | Positive Futures Detached Work – Summer 2020                        |
| <b>Impact</b>                 | Improved health and well-being, positive impact on young people and |
| <b>Cluster</b>                | Central   |
| <b>Lead Staff</b>             | Mike Rosser & Jack Harrison   |

**Aim:** To engage with a targeted group that have been identified as being on the verge of ASB and CCE. To deliver engaging diversionary sport and physical activity sessions to the targeted group of young people.

**MAINDEE:** On the back of the success we had with the Alway group we identified another group that we had previously worked with on the Early Intervention Programme from the Maindee (Near Corporation Road). We collaborated with the school’s family liaison officer to continue working with five vulnerable young people. The aim of the is to mentor and support the young people to help the improve their health and well-being, improved life skills and sports skill, and keep them engaged in positive activities throughout the summer holidays.

**Delivery:**

The delivery part of this programme was split into 2 sections with family engagement being the first part. By delivering outreach days we would engage with the parents and the young people at their houses. This allowed us to gain trust and respect, enabling us to form positive relationships with the young people and their families. Completing doorstep visits allowed us to find out how the young people had been coping during lockdown. Once we had completed several visit’s we encouraged the young people to engage with us, we then delivered the following sessions:

- Football (non-contact)
- Foot Tennis
- Tennis
- Frisbee
- Basketball
- Rugby (Dragons sent a representative)
- Fishing (Newport City Angling)
- Boxing (Professional boxer & Positive Futures Ambassador Sean McGoldrick)

Overall, we engaged with 10 young people, delivered 10 sessions, totalling 20 hours of structured delivery & 10 hours of outreach work.

**Outcomes:**

Over the 5-week period we engaged with not only the 10 young people over 5 session’s but we also engaged with their parents and local members in the communities.

We built positive relationships within local communities: including young people, families and local community members.

The young people were able to take part in fun and engaging sports sessions, giving them the opportunity to converse with mentors and discuss and issues or problems they may be having.

The young people we engaged with returned to the sessions weekly and grew in both confidence and self-esteem.

**Feedback:**

“The programme gave the young people something to look forward to. They had some respite from their often difficult homelives. The boys had a safe space to discuss concerns and worries around transitioning to high school and events within the community. Through sport they learned to socialise, communication and take turns again. Skills that had been lost or forgotten due to the los of schooling. The positive male role modelling was very important for the boys as unfortunately this is something they do not normally see at home or in the community. The programme gave them a place to go instead of hanging around the streets getting into trouble” –

*Martine , Maindee Primary School Teacher*

**Images/ Marketing:**

