Welcome on board...

...your new **45** service, linking the City Centre with Newport Live's Regional Pool & Tennis Centre and the RSPB Newport Wetlands Reserve, offering a convenient link between leisure and nature.

Buses stop right outside the Regional Pool, and at the wetlands car park, making it easy to get active or explore the outdoors without the hassle of driving or parking.

At the Wetlands wander through over 438 hectares of stunning reedbeds, tranquil lagoons, lush wet grasslands, and wild estuary mudflats - perfect feeding grounds for wading birds and wildfowl. It's not just a place to visit, it's a place to explore, with a fabulous cafe for when you need to take a break.

The Regional Pool and Tennis Centre is home to a 25m swimming pool as well as the only indoor tennis centre in the region, and is complemented with outdoor courts, gym, café, outdoor multi-use games area and a children's outdoor playground. Whether you're heading for a swim, a workout, or a peaceful walk among the Wetlands, the 45 gets you there - from fitness to fresh air!

get in touch

We always love to hear what you think about our services, and are here to answer any questions

01633 670 563

newportbus.co.uk

NewportBus





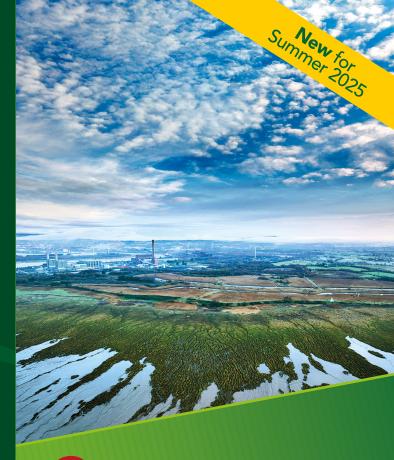


Buy tickets, check times and track your bus in real time









Newport city centre
International
Sports Village

RSPB Newport Wetlands

up to every hour

bus times from 11 August 2025





buses to the Sports Village & **Wetlands** from Newport Bus Station Stand 7

Mondays to Fridays	Saturdays	
0730 • 0935 1035 • 1135 1235 • 1335 1435 •	0935 1035 • 1135 1235 • 1335 1435 •	 These buses only run as far as the Sports Village. They don't serve the Wetlar

Journey time to the Sports Village - 15 minutes

Journey time to RSPB Newport Wetlands - 33 minutes



buses towards Newport Bus Station from the Sports Village Swimming Pool

Mondays to Fridays	Saturday
0926	1026
1026	1126
1126	1226
1226	1326
1326	1426
1426	1526
1615	1645
1645	

from RSPB Newport Wetlands Car Park

Mondays to Fridays	Saturdays
1010	1010
1210	1210
1410	1410
1625	1625

