

## Welcome on board...

...your new **45** service, linking the City Centre with Newport Live's Regional Pool & Tennis Centre and the RSPB Newport Wetlands Reserve, offering a convenient link between leisure and nature.

Buses stop right outside the Regional Pool, and at the wetlands car park, making it easy to get active or explore the outdoors without the hassle of driving or parking.

At the Wetlands wander through over 438 hectares of stunning reedbeds, tranquil lagoons, lush wet grasslands, and wild estuary mudflats - perfect feeding grounds for wading birds and wildfowl. It's not just a place to visit, it's a place to explore, with a fabulous cafe for when you need to take a break.



The Regional Pool and Tennis Centre is home to a 25m swimming pool as well as the only indoor tennis centre in the region, and is complemented with outdoor courts, gym, café, outdoor multi-use games area and a children's outdoor playground.

Whether you're heading for a swim, a workout, or a peaceful walk among the Wetlands, the **45** gets you there – from fitness to fresh air!

## get in touch

We always love to hear what you think about our services, and are here to answer any questions

01633 670 563

[newportbus.co.uk](http://newportbus.co.uk)

NewportBus



## download our app

Buy tickets, check times and track your bus in real time



New for  
Summer 2025

**45** Newport city centre  
International  
Sports Village

RSPB Newport Wetlands

up to **every hour**

bus times from 11 August 2025



45

**buses to the Sports Village & Wetlands**  
from Newport Bus Station **Stand 7**

**Mondays  
to Fridays**

0730 ●  
0935  
1035 ●  
1135  
1235 ●  
1335  
1435 ●

## Saturdays

0935  
1035 ●  
1135  
1235 ●  
1335  
1435 ●

- These buses only run as far as the Sports Village. They don't serve the Wetlands.

Journey time to the **Sports Village** - 15 minutes

Journey time to **RSPB Newport Wetlands** - 33 minutes

some  
great value  
fares

travel **one way**

adult £2.50  
child £1.70  
youth

travel **all day**  
on all of our buses within Newport Zone 1

adult £5  
child £3.35  
youth

Pay for all these tickets on the bus with contactless or cash (exact fare only please) or buy on the Newport Bus app



from RSPB Newport Wetlands Car Park

**Mondays  
to Fridays**

1010  
1210  
1410  
1625

## Saturdays

1010  
1210  
1410  
1625



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